

ACTIVITY
DESCRIPTION
TIME
DISTANCE
OPTIONS

**CYCLE - GRAVEL CYCLE - MTB
SANDYHILLS BEACH - KIPPFORD**

2.30-3 HRS

20 miles

There are a number of shortcuts on this route. There is a small section of mud close to the shoreline at Portling. I had to dismount to walk through using the rocks.



COPYRIGHT : MARK WELLAND
www.whitecroftfarm.co.uk