

ACTIVITY
DESCRIPTION
TIME
DISTANCE
OPTIONS

CYCLE - GRAVEL CYCLE - MTB SOUTHERNESS - CARSETHORN

2.30-3 HRS
23 miles

As this ride takes in a significant amount of beach riding, check tide times. There may also be softer areas of sand so care should be taken. Advise 2.5 width tyres.



COPYRIGHT : MARK WELLAND
www.whitecroftfarm.co.uk